



QUILT IT UP!

NEWSLETTER OF THE KANATA QUILT GUILD

September 2015



Welcome back to another great year at Kanata Quilt Guild!!

Welcome to the sixth year of the Kanata Quilt Guild! We are moving the meetings to the second Thursday morning of the month and will start the year on September 10th, at 9:30 am at the Glen Cairn United Church, 140 Abbyhill Ave. The Executive team has been working very hard to put together an interesting year, and you will get the Welcome Flyer as you arrive.

There are a few reminders for this meeting:

- Our Speaker this month is **Mary Pal**, whose talk is titled **"The Accidental Artist"**.

- There is NO coffee, tea, water allowed in the Sanctuary. Since most of our Coffee Ladies are away this month, there will be no coffee at the September meeting so we can concentrate on organizing the rest of the meeting.

- The 2015-16 fees are due at the September meeting and you will find the application form on the Website. www.kanataquiltguild.com

- If you signed up for the **November Retreat**, please bring your application form (emailed directly to you) and cheques to the meeting.

Mary Pal is a Canadian fibre artist known for her cheesecloth portraits. Her work has been exhibited and collected throughout the world, published in several books, and has been featured in Quilting Arts Magazine and on Quilting Arts TV. She is a feature artist in *Art Quilt Portfolio: People & Portraits* published by Lark Books.



A teacher for over 35 years, she loves to share her knowledge and skills with her students and make a difficult technique or concept easy to learn. A past Director on the Board of Studio Art Quilt Associates, Mary is an enthusiastic promoter of the growing fibre art movement.

- Bring your **President's Challenge Quilt** to the meeting. It will become the masthead for the newsletters this year and will be voted by Viewer's Choice. The piece should be suitable for the header of the monthly newsletter, with a circumference no larger than 120", and can be any style you wish. Please give 🌟 credit to any patterns used on the label.
- Bring your **Quilt Along** quilt from last year – either quilted or as a finished top. We are inviting Cathy Price, the designer, to launch next year's Quilt Along and she would enjoy seeing all our efforts.
- The Shop of the Month is - **Jennifer Hamilton** from Maberly
- Susan Cherry will be selling raffle tickets to win a beautiful queen size **Trip Around the World** quilt. Funds raised will go to Victoria Quilts Canada and QuiltCo community projects. Tickets are \$2 each or three for \$5. The draw will take place at the conclusion of QuiltCo's show and sale at the Glebe Community Centre, Saturday and Sunday, September 26 and 27, 2015.

- Here's what to bring for the September Meeting: Your Show 'n Tell item(s), change for the raffles, completed Quilties and ideas to share and last but not least your smiles!!
- There will be a new **Quilt Along** this year and we hope you will enjoy the new challenge. Information will be presented at the September meeting.
- The Special **Raffle** will also be presented again this year.

THE PREZ' s CORNER:

The start of the new Quilt Year is nearly here and I want to welcome you all back. I know it doesn't feel like fall with such a hot Labour Day weekend, but it will be here soon. My favourite season is fall – with its crisp evenings, warm days, rhapsody of fall colours, and the days the milkweed seeds float in the air. It sets up my most creative period of the season. It is the perfect time to return to quilting and start new projects. And the perfect time to reconnect with my quilting colleagues.

Welcome to the 6th year of the Kanata Quilt Guild. We hope that quilters of every level and interest will join us at our new time, the second Thursday of the month, for some quilt related camaraderie. The team of volunteers has worked hard over the summer to get interesting speakers and plan meeting activities. If you like what you see, please join us as a member or as part of the planning team. We welcome all your participation. See you on Thursday,

Leslie and the team

WHAT'S COMING UP THIS YEAR!

PROGRAM

- | | |
|-------------------------|--|
| September 1 | Mary Pal - Accidental Artist - Fiber Artist
Guests from Lanark County Quilt Guild to launch 2015-16 Quilt Along
<i>Shop of the Month</i> - Jennifer Hamilton Fabrics |
| October 8 | Paulette Sanderson - Milliner
"Uganda" project Quilt
<i>Shop of the Month</i> - Quilting Quarters. |
| November 12 | Joni Newman Trunk Show
Crayola Challenge
<i>Shop of the Month</i> - Shop Textile Traditions. |
| November 12 - 15 | Autumn Rhapsody Retreat - Morrisburg |
| December 10 | Festive Celebration and Craft
3 Dogs Quilting Thread, Pauline Clark
Special <i>Running Stitch</i> Shopping Day |

- January 14** **Paul Leger Trunk Show**
Shop of the Month - Country Quilter
- February 11** **Patricia Belyea - Yukata Cotton from Japan**
- March 10** **Jennifer Houlden - Creating Contrast**
Shop of the Month - Flair with Fabrics
- April 14** **Judy Thomson & Barbara Karim - Trunk Show**
Shop of the Month - Phyllis Moody from Montreal
- May 12** **Leslie Whitby – How do I pick my colours?**
 Member garage sale
- June 9** **Fashion Show & High Tea**
 Mini Quilt Show with Several Vendors

Workshops

The following are workshops that have been planned for this year. More information on each will be provided at the regular meetings. Pictures of the finished quilts can be found on the individual websites listed below.

Thursday, October 15 **Easy Landscapes by Susan Curtis** - www.stitchtogether.com

This is a fun class where creativity can bloom. Layers and shapes of fabric are auditioned to create a pleasing landscape. Your personal eye and flair for colour will make your piece unique. Stitching with decorative thread (Sulky, metallics, etc.) will make your landscape come alive. Various techniques will be demonstrated, including free-motion in the hoop. The beauty of the class is there is no pattern, there is no right or wrong, whatever you do will be your creation, but most importantly, enjoy the journey. **Cost:** \$30.00 **Maximum Participants:**10 **Time:** 10-4pm. Please see Lynn Price at the Workshop Desk at our meeting in September. Bring a cheque made out to The Kanata Quilt Guild.

Thursday, January 21 **Cubes by Paul Leger** - www.manquilters.ning.com

Wednesday, March 9 **Twisted Log Cabin by Jennifer Houlden** - www.quiltsbyjen.ca

Thursday, April 21 **Quilted Vase by Pauline Clarke** - www.3dogsquilting.ca

Thursday, May 19 **Design Freedom by Helen Fujiki** - www.fujiwaquilting.com

Sew Days

Sept. 24	Jan. 28
Oct. 29 (Charity Sew Day)	Feb. 18
Nov. 19	Feb. 25
Dec. 3	Mar. 17



Strip Exchange -Pastels (e.g. Baby Pastels)



The strip exchange invites members to bring in three **identical** 2 ½” strips width of fabric (WOF), to be exchanged for three strips of different colours/fabrics. They should be placed in a zip lock bag with your name on the bag. These bags can be dropped off at the beginning of the meeting and can be picked up, with your new mixture of fabrics, before the end of the meeting. One third of a meter will allow for four strips, three for the exchange, and one for you! At the end of the year, you will have up to 36 strips to make a quilt. This is a great opportunity to make quilties for the guild or any other personal projects you may have in mind! Along the way we will give you some ideas on quilts made from precut 2 ½” strips as well as places to find free patterns.

Quilties

A Quiltie is 24”x24”square, made of 100% cotton tops, flannelette backs and cotton thread. The fabrics should be baby appropriate, fun & cheerful, however, no sparkles, glitter or invisible thread as these pose risks to the babies. A Quiltie is a little bit of heaven to a newborn and a great way to contribute to our community! Each month everyone who donates a Quiltie will be eligible for a lovely prize!

Charity

The gift of giving is something quilters around the world are known for. Quilters are usually the first ones to donate a quilt to help someone who needs comfort and care in their lives. Our guild has been very generous helping local charities in our area. This quilt year we hope to continue this tradition. We currently have 4 completed quilts to share and one more quilt is almost ready to go. We hope to receive the remainder of the **“Snowflake”** blocks by the October meeting. Mark your calendar for **October 29** for a **Charity Sew Day** making a **“Quick Trip”** quilt by Eleanor Burns.



This year we quilters have an opportunity to help the **Kanata Food Cupboard** with items they require for those in need. The three items that are bought most often by the Food Cupboard are: **Granola Bars, Muffin Mixes and Juice boxes**. I know we as a guild of “givers” would like to help the Kanata Food Cupboard this year. **Proposal:** Beginning in September through to our December meeting, we personally collect these items, tuck them away at home, then bring them to our December meeting for the pick up by the Kanata Food Cupboard.

Unfortunately Winter is coming, Brrrrr, and there are lots of people who will need **mitts, gloves, scarves and toques** to stay warm. Like the “sock” challenge, these items do not have to be new. Items we no longer need, colours that no longer match that new coat, will be greatly appreciated by someone else. Purchases may be made at a local second hand location, helping two charities at the same time, how great is that! If you have suggestions, or you would like to be part of the Charity Team, please do not hesitate to contact me at the meeting.

Have You Tried.....???

STRIP QUILTING!!

Strip quilting is a technique where quilt tops are pieced mostly from strips of material. You can make your own strips from your stash by cutting your strips selvage to selvage or you may prefer buying pre-cut strips (jelly rolls) which are usually pre-cut to 2½ inches wide and color and pattern coordinated. These long strips can be sewn together, cut into blocks and rearranged to create a pattern or the strips themselves can be cut varied lengths, sewn together, then arranged to create a pattern. There are so many various strip quilt and block patterns available and many are free. For example, check out the You Tube Video of “Quick Quilt” with Eleanor Burns. Simply go to You Tube www.youtube.com search for Eleanor Burns Videos, Quick Trip and viola, a great tutorial on an easy quilt that will certainly help reduce your fat quarter stash using strips. Some block pattern suggestions include the Rail Fence Block, Zig Zag Block, Stacked Block, String Block, & Herringbone Block. Collect your strips from the **Strip Exchange** to try strip quilting!



Block



Your editors, Shirley Bolduc & Suzanne Edkins,
and webmaster, Evelyn Salter

KANATA QUILT GUILD MEMBERSHIP FORM 2015 – 2016

NAME: _____

ADDRESS: _____

POSTAL CODE: _____

PHONE: _____

EMAIL: _____

Membership Fee \$35.00

New Members Fee (includes Name Tag) \$40.00

Please pay by cheque, payable to: **Kanata Quilt Guild**

Membership cards will be available at the October meeting.

Privacy Policy: The personal information collected is for the use of the guild only. The Kanata Quilt Guild (KQG) will not sell, rent, lend, give or otherwise provide this information to any external persons or organizations for any purpose whatsoever without prior consent, nor will the information be used for solicitation purposes not associated with guild business.

I have read the Kanata Quilt Guild's Privacy Policy and I agree to the inclusion of my name and contact information on the Kanata Quilt Guild's Membership List.

I consent to receiving email information from the KQG. Yes.....No.....

I consent to my picture/quilts being shown on the KQG website. Yes.....No.....

X _____

Date: _____

Thank you for making the KQG a friendly and inspiring community of quilters!