

Northern Lights Block

- 10" finished block

This block represents the Northern Lights or Aurora Borealis a natural light display in the sky, predominantly seen in the most northerly and southerly areas of the earth.

The block pattern uses the "stitch and flip" method!

Skill Focus: Stitch and Flip

Cut Fabric:

Background Fabric:

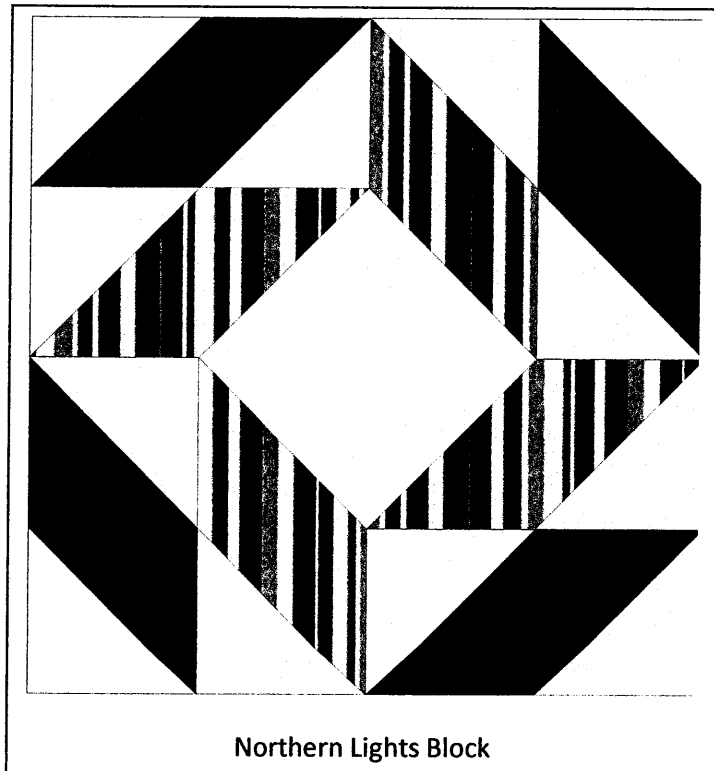
- Cut [16] 3" X 3" squares

Maple Leaf Blender Black Fabric:

- Cut [4] 5½" X 3" rectangles

Plain Stripe Red Multi Fabric:

- Cut [4] 5½" X 3" rectangles



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Assembly Instructions:

Step 1: Piece [8] units with Stitch and Flip Method

First, draw a diagonal line from one corner to the opposite corner, on the back side of each 3" X 3" background fabric square. I like to use a fine permanent marker to draw the line so that I don't have to worry about running or bleeding in the wash.

The base fabrics are the 3" X 5½" rectangles and are either the black or striped fabric.

As shown in Figure 1, place one background square right sides together on one side of the base rectangle.

Stitch just slightly to the outside of the line. Flip the background fabric towards the outside and press open.

Trim a ¼" seam allowance.

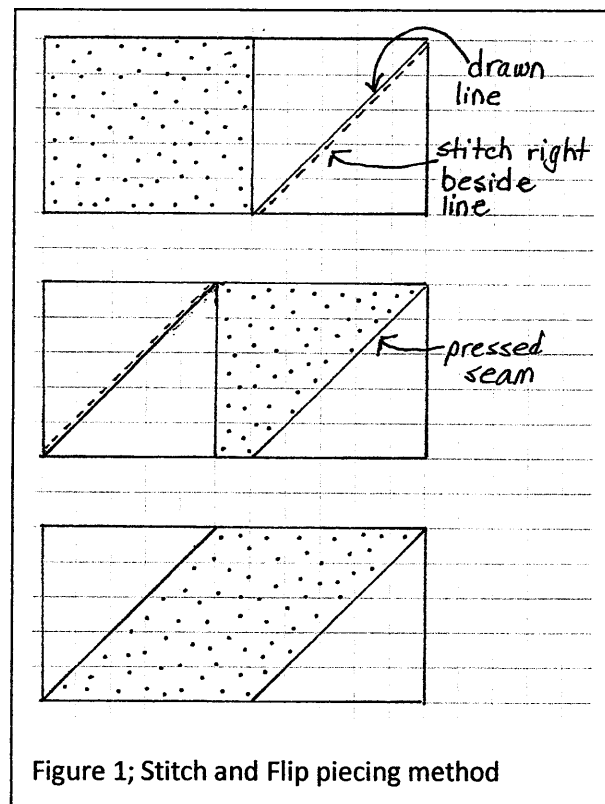


Figure 1; Stitch and Flip piecing method

Next, place another background fabric 3" X 3" background square onto the

opposite side of the rectangle, so that the drawn line is parallel to the seam sewn line. Stitch just slightly to the outside of the drawn line.

Flip the background fabric towards the outside and press open.

Trim a $\frac{1}{4}$ " seam allowance.

Repeat this method for each of the base rectangles.

Trim the units to the base rectangle 3" X 5½" measurement.

Step 2: Piece the Block

Piece the block as shown in Figure 2. First piece a black and striped fabric unit together to make a square. Then piece the squares together to form the final block.

