

Kanata Quilt Guild

Next Meeting

Thursday Oct. 9 @ 9:30 am - 11:30 am

Glen Cairn United Church

140 Abbeyhill Drive, Kanata, Ontario

KQG October 2025 Newsletter

<https://www.kanataquiltguild.com>

Kanata Guild Executive

President	Leslie Whitby
Vice President	Iwona Mooney
Program	Joanne Batchelor
Secretary	Darlene Sabadoz
Treasurer/ Advertising	Brigid Whitnall
Membership Website/ Communications	Fiona McMillin Carole Treggett & Nancy Wright

Key Volunteers

Newsletter	Marilyn Fairfull
Sew Days	Marilyn Kendall & VACANT
Workshops	Judy Emond & Rita Healy
Community Quilts	Georgia Beale, Marianne Gibson & Bev O'Connor
Quilties	Nancy Maloney & Joan Armstrong
In Town Retreat	Lynn Price & Bonnie Holliday
Out of Town Retreat	Linda Meyer & Darlene Sabadoz
Set UP	Joyce Bruno & Dorothy Wilson
CQA Rep.	Leslie Whitby
Zoom Show & Tell	Dawn Harkness
Zoom & Sew Days Round Robin	Blake Proudfoot Lynn Price



President's Message

As I write this, I am recovering from organizing the Almonte Quilt Show over last weekend. It was a wonderful show with the unique look of the Almonte guild, and the wonderful atmosphere of quilters meeting and sharing their common interests.

It reminded me of this great book I am reviewing this month. It is about "Super Agers". Traditionally, super agers have been small enclaves of populations that are over 85, somewhat isolated and generally free of diseases. The book documents in a scientific manner the characteristics of these populations. As you can imagine, diet, exercise and healthy living are key and important factors in aging. But the most critical factors are being interested in life and having networks of friends who share those interests.

Please note:

Submissions for next month's newsletter are due by October 28, 2025 at the latest. Thanks, Marilyn Fairfull

President's message continued

To me, it reflects what we do as quilters. We share an interest in a subject that changes and challenges us, and we do this with our friends and colleagues. Quilting is a strong signal to all of us that we share interests that put us on a good path to life. One of the things that guides your Executive is finding activities and projects for guild members that keep us mentally active and socially connected. Please share any ideas that you have with us.

And now, I am so looking forward to relaxing at the retreat and getting a little quilting done.

See you soon, Leslie



Program this month

I hope you enjoyed the September program with Krista Zaleski and her quilting journey with Bonnie Hunter Quilts. What a collection!

This month I am so excited that Sharon Galna will be joining us from Ajax, Ontario. Sharon's trunk show is titled – It's been Quite a Trip.

Sharon's mother taught her how to sew at the age of ten. After years of garment sewing, alterations, pattern making in the fashion industry, contract sewing and bridal parties, she has focused solely on quilting for the last 30 years.



Following 14 years of full-time teaching at The Ultimate Sewing Centre in Oshawa, and presenting trunk shows and workshops to guilds across Ontario, she semi-retired in 2018. She still teaches part-time (excluding cottage season!) at the store and continues to offer occasional workshops and trunk shows.

To stay busy during the pandemic (aside from quilting, of course), her daughter, with some initial resistance, helped her set up a quilting website and blog, encouraging her to share her knowledge with others. Apparently, you can teach an old dog new tricks (her words)!



Contact Information

www.quiltishcorner.com
quiltishcorner@gmail.com
sharongalna@gmail.com

Membership

A decent turnout to kick start our new year – 86. Our total membership is 171, with several renewing at our meeting.

September's draw awarded 4 prizes this time: 3 - \$20 gift cards to Happy Goat Coffee Café and beautiful 10" squares bundle. Congratulations to the winners. Again this year, we shall continue to support local and Canadian businesses by purchasing gift cards from them as our draw prizes.

At the end of last year, I threw out about 50 membership cards that were not picked up. Therefore, this year, membership cards will be given if you request one.

Next meeting is October 9. See you then.

And thank you to Ann Williams for her assistance.

Fiona McMillin



Fifty-Fifty Draw



We will be holding 50/50 draws at all in person meetings. Please bring your Loonies and Toonies. Please find me beside the registrars table.

Jo-Anne

Workshops 2025

We have a great lineup of workshops for 2025-26. All these workshops have been requested by members.

- October 22, 2025** Big Bag Workshop with Johanne Vajda. There are three different sizes. Cost \$20
- November 18, 2025** Placemats with Lynn Price. These are Flip & Sew. Cost \$20
- March 25, 2026** One Block Wonder with Krista Zaleski. Cost \$50
- April 22, 2026** Scraps with Judy Emond. Cost \$10
- May 27, 2026** Stay Tuned

All fees are non refundable, but you can send someone in your place if you can't attend.

Workshops are held at the Kanata Legion
70 Hines Rd from 9:30 to 3pm

Please bring a coffee mug & a lunch. We do not have use of the kitchen so bring something that doesn't require refrigeration or reheating.

If you are unable to attend the Guild meetings to sign up for the workshops you may contact Judyemond@hotmail.com

Rita & Judy



Sew Days

From September to December Sew Days will be held at the Kanata Legion. Sew Day hours will be 9:00 a.m. to 3:00 p.m. The doors will open at 9:00 a.m. to set up the tables and chairs and other equipment. We look forward to seeing you there for sewing and friendship!

Sew Days - at the Kanata Legion

October 1 (Wednesday)

(No sew day in November)

December 2 (Tuesday)

Please wear a name tag, it's always nice to know who everyone is.



Note: Please do not use spray starch at sew days.

Virtual Sew Days

From the comfort of your sewing room, join the Guild sew day via Zoom! You can be sure of finding good conversation and fellowship. Added bonus: nothing to pack, nothing to carry! Just set up your computer in your sewing room. You can drop in and drop out whenever it's convenient, any time after 9 a.m. A notice will be sent out via email every month with the details of how to join in the fun.

October 30

November 27



Quilties

We would like to thank the members who have generously donated their time and efforts to produce quilties for us. We had 61 quilties donated last month.

For new members who wish to participate in this program, we would be very happy to speak with you at our table at the monthly meetings.

Quilties should be 25" x 25" including the binding, with a baby theme (use your imagination).

You can use regular batting, but the backing must be flannel.

Also please do not over quilt. The quiltie must be soft and pliable for the baby. At this time we have some fabric and flannel available and can be picked up at our table however donations are always appreciated.

Happy quilting, we look forward to seeing your creative works.

Cheers, Nancy and Joan.



Show and Tell Reminder



Don't forget to bring your Show and Tell items to our in person meeting.

Remember your scraps

Please bring your discarded fabric scraps to the in person sew days to be recycled by Value Village. Please put them in a plastic bag and place them in the pink nylon basket.



Recycle Table

At each monthly meeting, members are invited to take advantage of our free Recycle Table—a vibrant hub for sharing and repurposing gently used items. Whether you're looking to donate or discover fabric, books, magazines, or quilting related items, the table offers a sustainable way to exchange materials that might otherwise go unused. It's a great opportunity to declutter, find inspiration for new projects, and connect with fellow members through the spirit of reuse. Contributions are always welcome, and everything on the table is free for members to browse and take home. We kindly ask that members take home any items they bring to donate that are not picked up by the end of the meeting. Your cooperation is appreciated.

Thanks Joanne

President's Challenge

Check back!

Round Robin

Round Robin

This year we have three teams in our Round Robin row by row activity. The participants have prepared their boxes, chosen their themes and made their first rows. They are ready for the first exchange at the Guild meeting on Thursday, October 9.

We will meet at a table in the hallway outside the church office for this swap. Then each lady will make a new row for the person whose box they have. This reciprocity will continue each month until April at our meetings or at the sew days when we convene on Zoom.

It will be great fun to see the finished projects at the June meeting!

Lynn



'TIS THE SEWING SEASON

HOLIDAY SEW DAYS

When Wednesday, November 26 & Thursday November 27 9:00 a.m. to 5:00 p.m.

Where The Kanata Legion 70 Hines Road Kanata North

What A double sew day. BYOL (bring your own lunch) on Wednesday, a morning break, snacks, tea, coffee, tea and water will be provided. Lunch, a morning break and snacks will be available on Thursday.

How Set up your machine and supplies on Wednesday. Sew until 5:00 p.m. Leave you sewing area set up when you go home for supper to be ready to start again on Thursday morning.

Why Time to sew with friends to complete those holiday projects and surprises.

Cost \$40.00 per participant total for both days.



Lynn Price

Community Quilts

Thanks to all who stopped by our table at the September meeting. It was a pleasure meeting new faces as well as greeting many familiar ones! A special thank you to those who picked up some fabric and we look forward to seeing your beautiful creations in the upcoming months. We do have both batting and backing on hand should you need any.

Finished quilts are always welcome but we do have guild members who kindly volunteer their long arm services to complete donated quilt tops and other members are happy to do binding. Patterns are your choice and the internet is an amazing source of ideas. A quick Goggle search of “scrap quilts” will bring up an enormous number of patterns that work well with an assortment of donated fabric!

We will be collecting any finished items to be donated to the Maycourt Christmas sale at the October meeting. The deadline for donations is the end of October so there is still time to stitch up a few small items to help support this most worthy organization.

We are happy to pick them up later in the month. You can contact Bev O’Connor bev@bigrideau.com to arrange a convenient time.

This month a large number of G tube pads were delivered to the Roger Neilson House and well received. We will continue to collect them at our monthly meetings and will have some kits available. We have also donated two quilts to Tembo’s Silent Auction that takes place online on mid October. Many of our members participated in sewing blocks with fabric provided by our guest speakers from Tembo last year. The resulting quilts will help raise funds to support their work with women in Tanzania. (projecttembo.org)

We continue to work with various organizations in our community to provide those in need with the comfort and warmth that our quilts bring!

Georgia, Marianne and Bev



What's Happening

OCTOBER SHOP-OF-THE-MONTH

KQG is pleased to announce that PAISLEY QUILT SHOP will be joining us for the October meeting. A brief intro, in case you are not aware of this delightful jewel, Madonna Oliver first started out as an online store in the fall of 2018 and within a year she opened her wee store at 112 John Cavanaugh Drive just off Carp Road. Today her store has expanded into three large rooms allowing for class space, and lots of interesting quilt and sewing related items.

I first met Madonna at a local quilt show and fell in love with her fabrics. I love old vintage and heritage fabrics as they tell a story, from a historical and social perspective. One of my fave books is *William Morris* edited by Anna Mason. 432 pages of photos and drawings depicting his significance as a pioneer of the Arts & Crafts Movement.

Paisley Quilt Shop specializes in William Morris prints, plus a large selection of French General, Jane Austen, solids, etc. and oodles of notions. I figure if the notion I need is not available here, no one else will have it!

Check out the website: www.PaisleysQuiltShop.com for more info and “EYE CANDY”.

Iwona Mooney



Buy, sell, looking for, or give away Articles

I have been contacted by a lady looking to have a quilt (or 2) made from her husband's clothes. I declined but offered to put it to guild members should they be interested.

Please contact me for her name & phone number.

Thanks,
Fiona



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Brigid



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The business card features a decorative border with a red floral motif at the top left and a quilted pattern with two yellow birds on a red background. The text is in a mix of serif and script fonts.



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The business card has a dark wood-grain background. On the left is a logo featuring a sewing machine inside a decorative frame. The text is in various fonts, including a large script font for the name and a sans-serif font for the address and contact info.



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