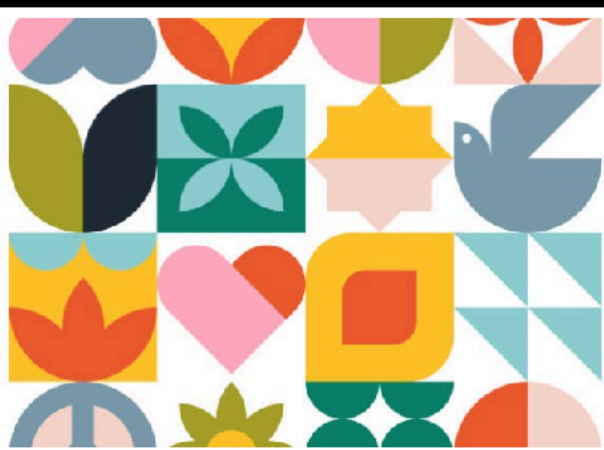


Kanata Quilt Guild



Next Meeting

Thurs. April. 9 @ 9:30 am - 11:30 a.m.

Trinity Presbyterian Church, 1817
Richardson Side Road, Kanata, Ont.

KQG April 2026 Newsletter

<https://www.kanataquiltguild.com>

Kanata Guild Executive

| | |
|--|---|
| President | Leslie Whitby |
| Vice President | Iwona Mooney |
| Program | Joanne Batchelor |
| Secretary | Darlene Sabadoz |
| Treasurer/ Advertising | Brigid Whitnall |
| Membership Website/ Communications | Fiona McMillin Carole Treggett & Nancy Wright |

Key Volunteers

| | |
|--|---|
| Newsletter | Marilyn Fairfull |
| Sew Days | Marilyn Kendall & VACANT |
| Workshops | Judy Emond & Rita Healy |
| Community Quilts | Georgia Beale, Marianne Gibson & Bev O'Connor |
| Quilties | Nancy Maloney & Joan Armstrong |
| In Town Retreat | Lynn Price & Bonnie Holliday |
| Out of Town Retreat | Linda Meyer & Darlene Sabadoz |
| Set UP | Joyce Bruno & Dorothy Wilson |
| CQA Rep. | Leslie Whitby |
| Zoom, Sew Days and Zoom Show and Tell | Blake Proudfoot |
| Round Robin | Lynn Price |



President's Message

April 9th is our Guild Meeting Moving Day!

Our April guild meeting will be at Trinity Presbyterian Church, 1817 Richardson Side Road - our new home. This will be our first session at the church and will take us a little time to set up. I would request that, unless you are setting up one of the volunteer stations, you plan to arrive after 9:15 am. This will give us time to set up in the new space.

There are several easy routes to the church, and they would be available on your GPS. For the shortest route from the Queensway westbound, take the Terry Fox exit and go north to the lights at Richardson Side Road. Turn left and go straight, then through the roundabout and straight to the church. You will see the church by itself in a field on the north side of the road (right-hand side).

Please note:

Submissions for next month's newsletter are due **April 28, 2026** at the latest. Thanks, Marilyn Fairfull

President's message continued

Parking is at the back of the church, with a few Accessible spots in front. There are more Accessible spots at the back, near the church. The church is fully accessible.

The membership desk and the 50/50 will be at the front, inside the door. Please stop there first to sign in. There are 2 coat kiosks in the corridor on the right-hand side for coats and wet shoes. All the activity tables will be in the long corridor, including Quilties, Community, Workshops, and a free table at the end of the corridor. Our shop of the month is Mad About Patchwork, and she will be in the centre of the corridor and open for your business.

Please **NO** food or drinks in the Sanctuary. For Show and Tell, please line up on the ramp up to the stage, on the left hand side. If you have a submission for the CQA Guild Challenge, please give it to Leslie when you arrive. We will do the Viewer's Choice vote after the speaker.

Looking forward to seeing everyone and enjoying everyone's participation.

Leslie



Y our Guild Needs You

This is the time of the guild year when we look for new volunteers for our program activities and the guild Executive. It is great to have new perspectives and energy to make the guild a fun and interesting place to be.

Executive positions undertake the general management of the guild and the activities of a specific position. Executive positions are elected and the guild holds its elections (and acclamations) at the May AGM. Usually, we survey the current occupants and ask them if they are continuing in their role. There are several positions whose terms are up for renewal this year, including President, Vice President, Membership, and Program. However, this would lead to significant disruption to the guild management if everyone changed this year. Therefore, most of the Exec have agreed to stay for at least another year. The Membership position is Vacant for next year. However, if you are interested in any of the executive positions, if you would like more information or would like to shadow someone in hopes of taking over at a later date, please speak to any member of the executive.

For our Program activities, we are looking for the following volunteers:

Sew Days - 1 or 2 additional volunteers to work with Marilyn Kendall

Quilties - one more volunteer to work with Nancy Maloney

Retreats - Intown - Bonnie Holliday is staying, need 1 or 2 volunteers

Workshops - Rita Healy is staying, need one more volunteer

Round Robin/BOM activity - need one coordinator

Quilt Show - need key volunteers to organize aspects of the show, plus all hands on deck for the show. - more info to follow.

We often have 2 or 3 people who share various positions, so if you want to undertake an activity with a friend, the guild is very open to that happening.

If you are interested in volunteering for any of these positions, please talk to the current occupant to get a good overview of the activity, and to Leslie to let her know your interest. Plus, if you have any questions, please ask Leslie or any member of the Executive. Looking forward to working with you.



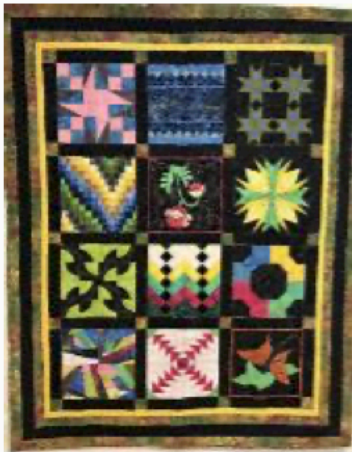
Program this month

I hope you enjoyed our March program with Terry Rowland. There is a proposal for local guilds to share expenses and bring Terry to the region for a series of workshops. More information will be provided as it becomes available.

This month's program is titling it "Beyond Stippling" my journey from hand quilting to moving to the "Dark" side" with Carol Fitz-gibbon.

Carol has been immersed in the world of quilting since childhood, growing up in a home where a quilt was always set up in the living room during the winter months. She fondly remembers her mother and local church members gathering weekly to hand quilt and socialize.

While Carol began with hand quilting, she is now a seasoned machine quilter who utilizes various methods on her mid-arm machine. In her presentation, she will share her journey from hand quilting to machine quilting, her transition from meandering to custom quilting, and her introduction to ruler quilting.



Workshops 2026

April 29, 2026... Quilt as You Go with Marie-Claire Charette. Cost is \$70.

Workshop runs from 10 to 4:30.

In this workshop, you will learn seven Quilt as You Go techniques, how to choose the best technique to achieve the results you want and how to adapt a regular pattern into QAYG. At the end of this workshop, you will have made a sample of each of the techniques so you will have them for future reference.

You will not be making an actual quilt.

You should be able to use some of your scrap fabric to make these samples.

Please note: Only Two Spots available for the Quilt as You Go Workshop

May 27, 2026... New date for Scrap Workshop...cost \$10

For the Scrap Workshop you will need to bring your scraps...your cutting mat...rulers... rotary cutter... we are going to try to control the chaos & stress that scraps can create by sorting & deciding what sizes to cut as well as storage/container ideas... there will be a handout with two of my favourite patterns as well as pictures of other possibilities...we will also look at other ways to use scraps other than creating a quilt with them... you can bring your sewing machine if you want to get started sewing... don't worry if you don't have a lot of scraps... Brigid said she has lots and is willing to share ...I am also willing to give up my scraps to a good home

All fees are non refundable, but you can send someone in your place if you can't attend.

Workshops are held at the Kanata Legion
70 Hines Rd from 9:30 to 3pm

Please bring a coffee mug & a lunch. We do not have use of the kitchen so bring something that doesn't require refrigeration or reheating.

Please contact rita.healy19@gmail.com to sign up for the workshops.

Thank you
Rita & Judy



Fifty-Fifty Draw



50/50

Thanks to Lynn Price and friends for volunteering to do the 50/50 draws. Don't forget to bring your loonies and twoonies and say hello to our new team.

Brigid

Show and Tell Reminder

Don't forget to bring your Show and Tell items to our in person meetings for April, May and June.



Membership

MEMBERSHIP

Current number sits at 186 members.

Congratulations to our 2 door prize winners.
Each won a \$30 gift certificates to Watergirl Quilt Co.

Susan

Your prizes were mailed out same day.

Looking forward to seeing everyone in April at our new locale.

There will be extra door prizes to celebrate.

Happy Quilting,

Fiona McMillin

Sew Days



Kanata Quilt Guild Sew Days 2026

A summary of our upcoming Sew Days (In-Person and Virtual) is available for your reference. You will receive an email reminder a few days prior to each event.

| In-Person Sew Days (Usually on the 3rd Wednesday of each month) | Virtual Sew Days (Usually on the 4th Thursday of each month) |
|---|--|
| Wednesday, April 15th | Thursday, April 23rd |
| Wednesday, May 20th | Thursday, May 28th |
| Wednesday, June 17th | Thursday, June 25th |
| Wednesday, July 15th | |

Sew Days are held at the Kanata Legion from 9:00 a.m. to 3:00 p.m. The doors will open at 9:00 a.m. to set up the tables and chairs and other equipment. We look forward to seeing you there for sewing and friendship!



Remember your scraps

Please bring your discarded fabric scraps to the in person sew days to be recycled by Value Village. Please put them in a plastic bag and place them in the pink nylon basket.



Thank you

Thank You letter from Kanata Food Cupboard

We wanted to share with all of you that we received a Thank You letter from the Kanata Food Cupboard for our donations of food and money this past December/January. They are grateful for all donations they receive as they operate independently, with no support from other organizations or government. They also have seen an increase in clients, serving more than 22,000 people per year.

Brigid

Quilties

We are so looking forward to seeing everyone at our 1st Guild meeting in our new location!

We are excited to see all the beautiful Quilties you have been working on and will be bringing to us to share and pass on to new Moms and their precious bundles.

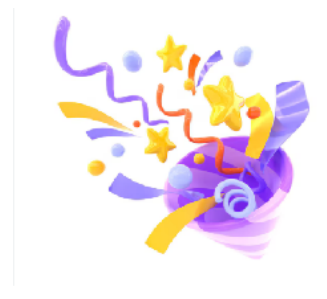
Unfortunately we will not have fabric, batting and flannel for our April meeting but be assured we will definitely be offering them at our May meeting.

Also, we will try to have fabric, batting and flannel available at our monthly sew days.

Happy Sewing!
Nancy and Joan



President's Challenge



Let's Celebrate!

This is the 15th anniversary of the Kanata Quilt Guild! The subject of the Presidents challenge is Let's Celebrate. I invite all members to make a wall hanging to illustrate this subject. The wall hanging should be no larger than 25" on any side, maximum perimeter of 100 inches. The design, technique and colour are your choice. The quilts will be displayed at our June meeting and an award or 2 will be determined by a Viewer's Choice ballot. I hope you have fun with the challenge. Any questions, just let me know.

Recycle Table



At each monthly meeting, members are invited to take advantage of our free Recycle Table—a vibrant hub for sharing and repurposing gently used items. Whether you're looking to donate or discover fabric, books, magazines, or quilting related items, the table offers a sustainable way to exchange materials that might otherwise go unused. It's a great opportunity to declutter, find inspiration for new projects, and connect with fellow members through the spirit of reuse. Contributions are always welcome, and everything on the table is free for members to browse and take home. We kindly ask that members take home any items they bring to donate that are not picked up by the end of the meeting. Your cooperation is appreciated.

Thanks Joanne

Round Robin

The boxes are coming home with many interesting rows. We hope to see the finished quilts during Show and Tell in June.

Thanks to all who participated.

Lynn



Community Quilts

The long cold winter has certainly given many people a little extra time for quilting? In February we were able to fulfill a request from Harmony House and Cornerstone women's shelters. Several quilts were donated and very well received and appreciated.

This month we received a request from Ottawa Hospice which serves both the Maycourt and the Rudy Shenkman. We hope to be delivering quilts there in the next few weeks. We do have a few completed ones on hand, but are in dire need of some long arm quilters to work their magic on several unquilted tops. Many, many thanks to a couple of long armers who have stepped forward. We do appreciate that it is a significant time commitment on their part. The old adage of "many hands make light work" comes to mind. If some long arm quilters would consider doing just one quilt over the next year, it would certainly be a big help to get the unfinished quilts out into our community. Please note that both batting and backing are provided. We will be bringing some of these quilts to the April meeting in the hopes that one or two will be picked up.

We have received a few quilts to donate this spring and would like to thank those quilters for their support. We have also received some generous donations of fabric to be made into quilts. We're in the process of making up some kits with it to be available at our meeting this month. A reminder that there is no timeline on the kits ... take your time and enjoy the process! We are looking forward to seeing you all I our new location.

Bev, Marianne and Georgia

Fabric and Notions Sale



Upcoming Fabric & Notions Sale - Friday May 22

9:30 - 1:00

The Kanata Legion

70 Hines Road

Thank you to everyone who reserved a table, we are just about sold out. Anyone who requested a table should have received an email asking to pay for their table.

If you don't have a table and can lend a hand, we are looking for helpers at the sale. We will need a few people at the door to direct. Please let Brigid know if you can assist us during the sale.

Please let your friends know, we hope to have lots of people looking for new to them quilting supplies, there will be great deals on fabric, thread, and notions of all kind.

Joanne Batchelor and Brigid Whitnall



What's Happening



THE Hintonburg FABRIC FLEA MARKET

Saturday, May 2nd, 2026
9:30 AM – 3:00 PM

Fisher Park Community Centre
250 Holland Ave., Ottawa

\$3 Entry Fee
Limited Free Parking
Cash Event

The BEST deals on all things sewing, fabric, crafting & notions!


RSVP + Follow Along
facebook.com/HFFM0505

Call or Text for More Info: 613-262-6643
fabricfleamarket@hotmail.com

QUILT SHOW 2026
hosted by Trent Valley Quilters' Guild

“BEHIND THE SEAMS”

FEATURED ARTIST - DIANNE FULLER
6 & 7 June 2026
Open 10-4 each day



\$10 Adult admission • \$5 for children 12 and under • Cash or Debit • Ample Free Parking
Raffle Baskets • Vendors • Scissor Sharpening • Tea Room • Artisan's Market
Comfort Quilts & Quilts of Valour on site
King Edward Park Community Centre, 75 Elizabeth Street, Brighton, Ontario

What's Happening continued

OUT of the BOX fibre artists



Fibre Fling 2026

Fibre & Mixed Media Sale Vente d'art textile

Friday, April 24, 10-4pm Le 24 Avril-vendredi de 10h à 16 h
Saturday, April 25, 10-4pm le 25 Avril-samedi de 10 h à 16 h
Admission: monetary donation is appreciated Admission : un don en argent est apprécié.



Kitchissippi United Church
630 Island Park Dr, Ottawa
(between Carling Ave & the 417)

Église Unie de Kitchissippi,
630, Prom Island Park, Ottawa
(entre l'ave Carling et L'autoroute 417)

proceeds benefit
bénéfice du produit





Quilts For Survivors



8,000 ORPHAN BLOCK Challenge



Quilts for Survivors has set a goal to collect 8,000 QUILT BLOCKS OF ALL SIZES that follow our Fabric Restrictions on our website. For more information visit www.quiltsforsurvivors.ca



JUNE 17-20, 2026
RBC CONVENTION CENTRE
WINNIPEG, MANITOBA



FABRIC RESTRICTIONS

Please avoid using fabrics that may be triggering or offensive, including:

- Religious symbols, such as crosses or churches
- School-related themes, such as alphabets, rules, or paper
- Travel motifs, such as planes, trains, or cars
- Graphic content, such as weapons, foul language, or drugs
- Gang-related designs, such as bandana prints

SHIPPING ADDRESS

58 Legion Drive South
Porcupine Ontario
PON1H0

SHIPPING INSTRUCTIONS

To qualify as part of the challenge:

- Please state that your submission is for the challenge.
- Let us know how many blocks you have sent.
- Blocks cannot be sewn together in rows or as completed quilt tops/quilts.
- If possible, please include the size of the block(s) you are sending.

Shipped Through April 1st - June 1st 2026
This helps ensure we have an accurate count before leaving for Quilt Canada.

CONTACT US:
705-262-1853

admin@quiltsforsurvivors.ca
WWW.QUILTSFORSURVIVORS.CA


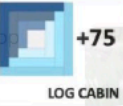





What's happening continued

Spring Patchwork Adventure
 Tuesday, March 19 to Saturday, April 20

NAME: _____
 PHONE: _____
 EMAIL: _____

TOTAL SPA POINTS =

SKILL TESTING QUESTION: How many fat quarters in a yard/meter?

| | | | | | |
|--|--|---|---|---|--|
| FREE WORKSHOP YOUR BLADE WAS LEFT OPEN! -100 |  +50 CHURN DASH BLOCK | NEW SKILL! HAND QUILTING +50 | YOU FINISHED A QUILT! +100 |  +75 LOG CABIN | YOU MUST RIP OUT A SEAM -50 |
| YOU RAN OUT OF FABRIC FOR YOUR PROJECT! -50 | HOMEMADE | GIROUX SEWING CTR | PAISLEYS QUILT SHOP | STITCH BY STITCH | SEW-JO'S |
| NEW SKILL! FREE MOTION +50 | WATERGIRL QUILT CO. |   | | | YOU WON THE BOBBIN RACE! +75 |
| +100 | QUILTERS BARN AND GIFTS | | | | TAYLOR SEWING QUILT SHOP |
|  +100 DRESDEN PLATE | MAD ABOUT PATCHWORK | RON'S FABRICS | AUNTIE EM'S SCRAP-BOOKING & QUILTING | QUILTY PLEASURES | WILTON CREEK FABRICS |
| YOUR BOBBIN THREAD RAN OUT! -50 | | | | | LES ATELIERS QUILT ET COTON |
| YOUR NEEDLE BROKE! -25 |  +25 RAIL FENCE BLOCK | YOU FORGOT YOUR POWER CORD! -100 | NEW SKILL! WALKING FOOT +50 | YOUR MACHINE NEEDS SERVICE! -75 |  +25 FOUR PATCH BLOCK |
| | | | | | YOU HAVE TOO MUCH FABRIC! -100 |
| | | | | | FREE WORKSHOP |

Contact Paisley's for more information.

KAWARTHA QUILTMAKERS' GUILD
 Presents

Feelings In Fabric

Quilt Show and Sale

Fri May 8 - Sat May 9, 2026
 9:30am - 5:00pm 9:30am - 4:00pm

Location: Peterborough Sport & Wellness Centre
 775 Brealey Drive, Peterborough, ON

- Vendors
- Charity Quilt Raffles
- Displays
- KQG Member's Boutique (Items for Sale)
- Prize Baskets
- Light Refreshments Available
- Antique Quilts (Bed turning Daily)
- Scissor & Tool Sharpening (Bring your Items)

 **Feature Quilter: Marg Worsick**

For membership information:
 kqqquilts.ca
 EMAIL: kqgstitch@gmail.com

\$10 ENTRY
 Cash only (ATM on site)

CQA Guild Challenge

Don't forget your entries for the Guild Challenge. We will be having a viewers choice vote on the entries.

If you have an entry, let Leslie know so we can plan the space needed.

What to bring: please see instructions for details. Your entry should have a label and sleeve attached, please bring a short description that we can use as the Artist Statement.

The Canadian Quilters Association (CQA) once again has their guild challenge for the 2026 Quilt Canada. Each guild can submit one quilt. To participate, you do not have to be a member, the guild is the member in this case. See the guidelines in the link below and get your quilt ready for the **April 2026** meeting. We will vote on our favourite and the winning quilt will be our entry. If you wish to participate and belong to more than one guild, your entry can only win once, but you can enter it with each of your guilds who are participating.

Brigid Whitnall will liaise with CQA to confirm our intent to participate. Please forward any questions you may have to Brigid at treasurer@kanataquiltguild.com

<https://canadianquilter.com/member-guild-challenge-what-canada-means-to-me-a-quilt-canada-2026-exhibit/>

Good luck everyone!

CQA Update

Quilt Canada will be held in Winnipeg, June 17 to 20, 2026. Keep up to date on events by signing up for their newsletter and visiting their website at canadianquilter.com .

Shop of the Month

April 2026 Shop-of-the-Month

Kanata Quilt Guild welcomes **MAD About Patchwork (MAD)** as its first shop-of-the-month at our new meeting location. Ali had been living in the United States where she obtained her university degrees and when her visa expired, she decided to move back “home”. She dabbled in a variety of creative ventures and then in

2019 bought the shop just six months before the onslaught of the COVID pandemic. Pam, the previous owner, was looking for new adventures and when Ali approached her about purchasing the business, done deal. MAD strongly leans towards the modern aspect of quilting as reflected in the fabric selection. Ali is very community-oriented as evidenced by a number of events the store supports, specifically the Outdoor Quilt Show, the third weekend of September. In 2025 over 3,000 visitors did the “walk through the woods”. Admission is free but donations are welcome in support of Quilts of Valour, Victoria’s Quilts and Quilts for Survivors. In September 2025 over \$6,000 was raised for these three worthwhile quilting charities. Put it on your calendar, September 18-20 weather permitting, it is a unique quilting event in the Ottawa area.



Although MAD is a bricks & mortar business a significant component of the business is online right across Canada. The pandemic certainly spurred this and other local quilt businesses to re-invent how to do business during lockdowns and many are continuing to do so. MAD participates in Quilt Canada shows sponsored by the Canadian Quilters’ Association and this year it is in Winnipeg (June 17 – 20); in 2027 it will be held in Calgary June 16-19.

Check out KANTHA quilts that MAD sells which are made from used and vintage saris – no two are alike. They originate from West Bengal and Bangladesh where “generations of women transform old fabrics into beautiful, functional works of art.” Ali’s parents are involved through the Everett Mission which provides medical and dental aid and in turn they work with the women who make these quilts.

Check out the specials that MAD will be giving KQG members on wool mats, Lap App mats, and 5-yard cuts of fabric. Lap App is a portable stand for hand sewing and appliqué work. It is adjustable and has spindles for thread, magnet for needles, is adjustable in many directions.

MAD offers many different types of courses throughout the year. Check out the website: www.madaboutpatchwork.com or visit the store located at 2477 Huntley Road, Stittsville. Presently in-store hours are: M-F 1pm - 4pm, Sat 10am – 1pm.

Iwona Mooney

Buy Sell or Give Away

Hand turned acrylic seam rippers available for \$45.00. They come in a variety of colours and have a very comfortable grip. Please contact Chris Statham from Blind Ambitions Woodturning at 613-762-3803 or at pepperway22@gmail.com.



Return to the past!

Advice from a Singer Sewing Machine Manual from 1949

Prepare yourself mentally for sewing.

Think about what you are going to do. Never approach sewing with a sigh or lackadaisically. Good results are difficult when indifference dominates. Never try to sew with a sink full of dirty dishes or beds unmade.

When there are urgent housekeeping chores, do these first so that your mind is free to enjoy your sewing. When you sew, make yourself as attractive as possible. Put on a clean dress. Keep a little bag of French chalk near your sewing machine to dust your fingers at intervals. Have your hair in order, powder and lipstick put on. If you are constantly fearful that a visitor might drop in or your husband will come home, and you will not look neatly put together, you will not enjoy your sewing.

Thanks to Bonnie Holiday for submitting this.

GOOD THOUGHTS ON AGING

They now call my generation “the elderly.” It’s said kindly. Gently. As if age is something delicate needing careful words. But our story is anything but fragile.

A glance at us reveals silver hair, reading glasses, and a slower pace across a parking lot. Truly knowing us means understanding that we are survivors of a lost world. We were born into kitchens with rotary telephones fixed to the wall and radios humming in the background.

We learned to dial by touch and to wait out of habit. And somehow, without losing ourselves, we crossed into an age of satellites, smartphones, and artificial intelligence whispering answers from invisible clouds. We did not just witness the change. We survived the crossing.

Our story started in the forties, fifties, and sixties, when the world was still catching its breath after the war. Cities were rebuilding. Families were healing. Hope felt cautious but resolute. We grew up in neighbourhoods where front doors were rarely locked, and summer evenings stretched long beneath streetlights.

We were children of scraped knees and open fields. We played marbles in the dirt, jacks on the sidewalk, and checkers on scarred wooden tables. We rode bicycles without helmets and drank water straight from the garden hose. We had no idea that one day our grandchildren would swipe glowing screens, their games stored inside glass thinner than a notebook.

Saturday mornings meant watching cartoons on a single television channel. If you missed a show, it was gone. Music existed on vinyl records that crackled softly before the first note played. Later, we carried cassette tapes in our pockets, rewinding them with pencils when the ribbon got tangled. We were teenagers when the world felt like it was vibrating with change.

The golden haze of the fifties gave way to the turbulence of the sixties and the neon rebellion of the seventies. We saw protests fill the streets. We heard speeches that shook governments. We gathered in muddy fields for outdoor festivals where hundreds of thousands believed music could shape history toward peace. Towering speakers sent sound rolling across open skies. Strangers locked arms and sang the same chorus as if harmony were possible.

We studied with ink-stained fingers. Our notes were handwritten, each word carefully formed. Research involved libraries and card catalogues. If you wanted knowledge, you had to seek it out. There was no copy and paste. No instant search bar. Information was not disposable. It was earned.

We fell in love slowly. We waited by telephones for calls that might or might not come. We wrote letters folded carefully into envelopes. We danced in living rooms, socks sliding across polished floors, while records spun and time felt generous.

Then came careers, mortgages, and children. The eighties and nineties were years of building. We learned to balance cheque books, fix broken appliances, and stretch pay checks. We raised families through recessions and recoveries. We watched the Berlin Wall fall. We saw old enemies become trading partners. We did not just read about history in textbooks. We walked through its fire. Consider the bridge we crossed. We are the only generation to have experienced a fully analog

Consider the bridge we crossed. We are the only generation to have experienced a fully analog childhood and a digital adulthood. We remember waiting days for a handwritten letter to cross the ocean. Now we see a loved one's face instantly on a handheld screen, their voice travelling through space in seconds. We moved from typewriters to laptops, from punch cards and filing cabinets to gigabytes of memory in our pockets.

We spanned two centuries. We watched the calendar shift from 1999 to 2000 with a mix of awe and uncertainty. We have lived through eight decades of invention, upheaval, and reinvention. Our clothing alone tells the story: stiff Oxfords and pressed dresses, then bell-bottoms and denim jackets, followed by the comfortable blue jeans and sensible shoes earned through hard work. Our bodies carry their own timeline. We remember the fear of polio and the caution around tuberculosis. We lined up for vaccines that felt miraculous. Later, we heard of swine flu and other outbreaks that stirred old anxieties. When COVID-19 brought the world to a sudden, global hush, we understood something about endurance. We had seen fear before. We knew how to wait it out, check on neighbours, and endure silence.

We saw scientists decode DNA, unlocking the blueprint of life itself. We watched medicine move from house calls to robotic surgery. We drove cars that once rattled and coughed, and now we see vehicles glide almost silently down the road, powered by electricity.

We have buried friends—too many. Each farewell reminds us that survival is both a privilege and an ache. Those of us still here carry their stories forward. We remember the jokes they told, the songs they loved, and the way they laughed with their whole bodies. In that remembrance, we form a quiet brotherhood and sisterhood that only shared decades can create.

We watched the first moon landing on grainy screens, holding our breath as a human footprint pressed into lunar dust. We witnessed the rise of the internet, initially unsure of what it would mean. We learned about email. Then texting. Then video calls.

Each time the world changed, we adapted. Not perfectly. Not immediately. But faithfully. And now, in these later chapters, we are not relics. We are creators. We remember when time moved more slowly. We remember the taste of lemonade from a glass bottle sweating in the heat. The snap of a vegetable pulled fresh from the garden. The sound of a conversation uninterrupted by notifications. We understand that speed is not the same as depth, and that connection requires more than just a signal.

What a life we've lived. Breathtaking. Exhausting. Beautiful.

If you belong to this era, pause for a moment. Look in the mirror not for wrinkles, but for resilience. See the decades reflected there. See the child who once played in the dirt and the adult who learned to navigate satellites and screens.

We are not just growing older. We are becoming legends. A generation that started with landlines and now communicates with machines that respond. A generation that transitioned from steam to silicon. A generation that remembers, adapts, and endures.

One of a kind.

ANONYMOUS

Submitted by Iwona Mooney

Shop Local

Thank you to all our advertisers. We appreciate your support.

Let's show our gratitude to our advertisers. If you are shopping at any of these locations, please mention that you are a member of the Kanata Quilt Guild and that you saw their advertising. It's a small gesture that makes us all feel good. Keep in mind that the financial support we receive from our advertisers is a way for us to keep membership prices down and offer great programming.

Brigid

OTTAWA SEWING CENTRE
is here for all your **sewing** needs



Shop anytime at ottawasewing.com
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